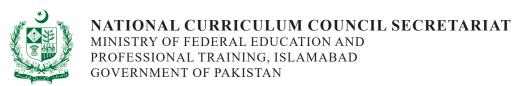
National Curriculum of Pakistan 2022-23

TECHNICAL EDUCATION

FASHION DESIGNING & DRESS MAKING

Dress Making Grades 9-12







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TECHNICAL EDUCATION

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DRESS MAKING





NATIONAL CURRICULUM COUNCIL SECRETARIAT

MINISTRY OF FEDERAL EDUCATION AND PROFESSIONAL TRAINING, ISLAMABAD GOVERNMENT OF PAKISTAN



It is with great pride that we, at the National Curriculum Council Secretariat, present the first core curriculum in Pakistan's 75-year history. Consistent with the right to education guaranteed by Article 25-A of our Constitution, the National Curriculum of Pakistan (2022-23) aspires to equip every child with the necessary tools required to thrive in and adapt to an ever-evolving globalized world.

The National Curriculum is in line with international benchmarks, yet sensitive to the economic, religious, and social needs of young scholars across Pakistan. As such, the National Curriculum aims to shift classroom instruction from rote learning to concept-based learning.

Concept-based learning permeates all aspects of the National Curriculum, aligning textbooks, teaching, classroom practice, and assessments to ensure compliance with contemplated student learning outcomes. Drawing on a rich tapestry of critical thinking exercises, students will acquire the confidence to embark on a journey of lifelong learning. They will further be able to acknowledge their weaknesses and develop an eagerness to build upon their strengths.

The National Curriculum was developed through a nationwide consultative process involving a wide range of stakeholders, including curriculum experts from the public, private, and non-governmental sectors. Representatives from provincial education departments, textbook boards, assessment departments, teacher training departments, deeni madaris, public and private publishers, private schools, and private school associations all contributed their expertise to ensure that the National Curriculum could meet the needs of all Pakistani students.

The experiences and collective wisdom of these diverse stakeholders enrich the National Curriculum, fostering the core, nation-building values of inclusion, harmony, and peace, making the National Curriculum truly representative of our nation's educational aspirations and diversity.

I take this opportunity to thank all stakeholders, including students, teachers, and parents who contributed to developing the National Curriculum of Pakistan (2022-23)

Dr. Mariam Chughtai

Director National Curriculum Council Secretariat Ministry of Federal Education and Professional Training

Fashion Design and Dress Making

Grades 9-12

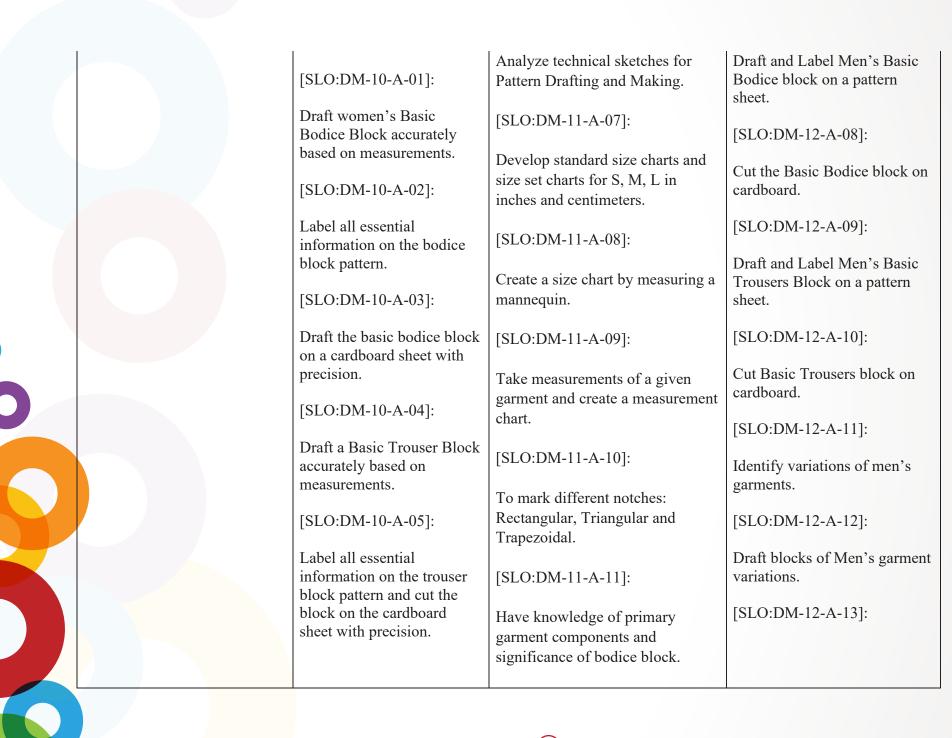
Progression Grid

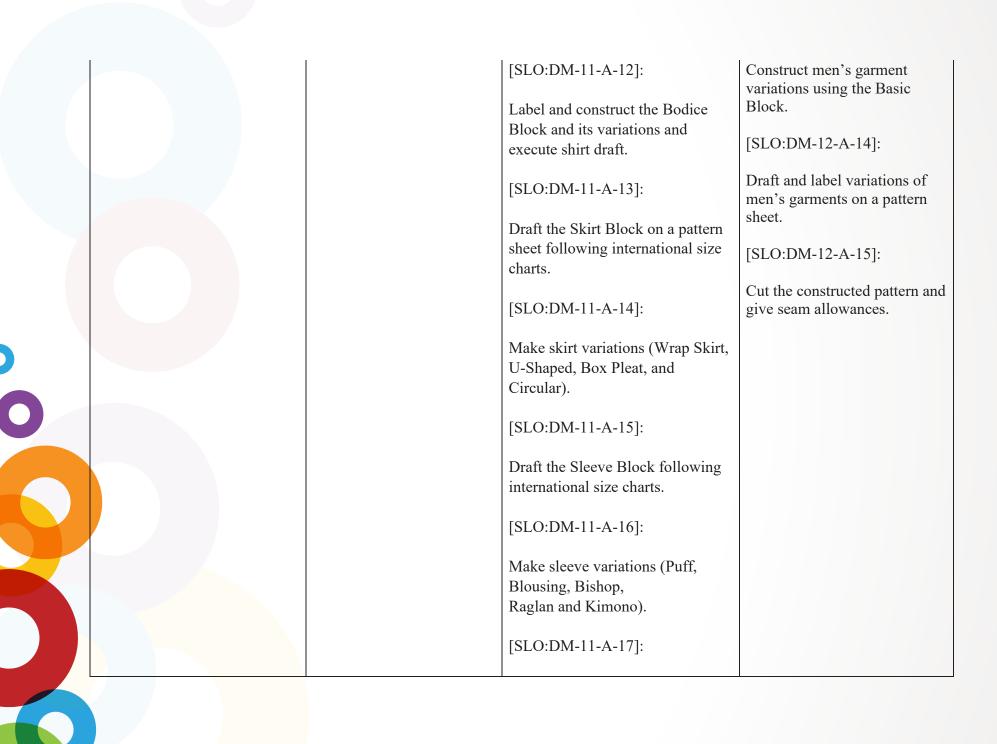
Domain A: Pattern Making

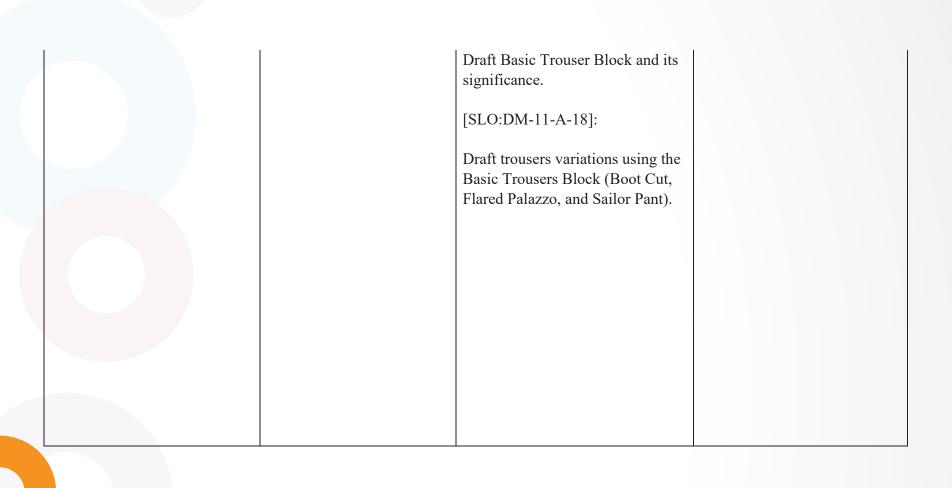
Standard: Students will be able to accurately and consistently construct basic blocks for various garments. The garments created based on the patterns should meet or exceed quality standards, with proper fit, finish, and attention to detail.

Grade 9	Grade 10	Grade 11	Grade 12
Benchmark: Students will be able to cut basic pattern blocks on cardboard sheets with precision.		Benchmark: Students will be able to execute pattern-making skills for different garment designs using their knowledge of fabric properties and garment construction.	
Student Learning Outcomes			

Students will be able to	Students will be able to	Students will be able to	Students will be able to
[SLO:DM-09-A-01]:		[SLO:DM-11-A-01]:	[SLO:DM-12-A-01]:
List and explain the principles of anthropometry and its relevance in garment		Apply the concept Anthropometry.	Construct men's Basic Blocks: Bodice Block and Trouser Block.
construction.		[SLO:DM-11-A-02]:	[SLO:DM-12-A-02]:
[SLO:DM-09-A-02]: Apply measurement charts to accurately create pattern blocks		Describe Human Anatomy. Analyze Sizing Systems, Measurement Charts, and	Analyze technical sketches in Men's Basic Blocks.
for different types of collars,		Garment Components.	[SLO:DM-12-A-03]:
sleeves, and skirts.		[SLO:DM-11-A-03]:	Label the Basic Blocks.
[SLO:DM-09-A-03]: Take and apply full body		Measure the upper torso on a	[SLO:DM-12-A-04]:
measurements for garment construction.		mannequin and apply measurements to a chart.	Create the Pattern Information chart.
[SLO:DM-09-A-04]:		[SLO:DM-11-A-04]:	[SLO:DM-12-A-05]:
Construct and label basic sleeve and skirt blocks with		To give the seam allowances and ease.	Construct Men's Basic Bodice block.
precision.		[SLO:DM-11-A-05]:	[SLO:DM-12-A-06]:
		Mark notches on pattern.	Construct Men's Basic Trouser Block.
		[SLO:DM-11-A-06]:	[SLO:DM-12-A-07]:







Domain: Sewing

Standard: Students will be able to identify and explore the fundamental stitches, garment construction techniques and pattern interpretation.

Benchmark: Students will be able to apply threading, maintenance and basic

stitching practices on both paper and fabric.

Benchmark: Students will be able to cut and stitch gents' garment variations, including shirts, trousers, kameez, shalwar, etc., following established patterns.

Student Learning Outcomes					
Grade 9	Grade 10	Grade 11	Grade 12		
Students will be able to	Students will be able to	Students will be able to	Students will be able to		
[SLO:DM-09-B-01]:	[SLO:DM-10-B-01]:	[SLO:DM-11-B-01]:	[SLO:DM-12-B-01]:		
Accurately label and identify various components of a sewing machine.	Identify and describe basic types of seams.	Sew for various bodice variations on fabric.	Create garments using drafted patterns, specifically for a		
[SLO:DM-09-B-02]:	[SLO:DM-10-B-02]:	[SLO:DM-11-B-02]: Cut and stitch bodices with	gent's basic trousers block and bodice block.		
Execute checks on speed control, lubrication, threading, and thread	Different seam types line diagrams	single dart and double dart variations, including suspended panel shirt, A-line	[SLO:DM-12-B-02]:		
tension adjustment.	[SLO:DM-10-B-03]:	shirt, princess panel bodice, and straight yoke bodice.	Sew gent's variations, such as shirts, trousers, shalwar,		
[SLO:DM-09-B-03]:	Draw accurate line diagrams of	[SLO:DM-11-B-03]:	kameez, etc.		
Explain the importance of practice on	various seam types.	Cut and stitch a skirt block	[SLO:DM-12-B-03]:		
paper without and with thread, as well as on fabric with thread.	[SLO:DM-10-B-04]:	on fabric.	Stitch gents garment variations,		
[SLO:DM-09-B-04]:	Articulate the step-by-step	[SLO:DM-11-B-04]:	including shirts, trousers, kameez, shalwar, etc.,		
Apply basic stitches on paper and	procedure for sewing various seam types.	Cut and stitch a sleeve block on fabric.	following established patterns.		
fabric, including straight lines, curves, circles, squares, and zigzags.	[SLO:DM-10-B-05]:	[SLO:DM-11-B-05]:			
[SLO:DM-09-B-05]:		Implement the steps of stitching basic sleeve to			

Showcase proficiency in threading, display well executed seams, maintenance, and basic stitching hems and decorative stitches on practices on both paper and fabric by fabric according to the displaying various stitches like significance of edge finishing running stitch, backstitch and whipstitch on piece of fabric. [SLO:DM-10-B-06]: Identify different closure types (buttons, zippers, etc.). [SLO:DM-10-B-07]: Apply edge finishing and closure aspects. attachment. [SLO:DM-10-B-08]: Make samples of Necklines, plackets, cuff and fly.

stitch sleeve variations like puff sleeves, blousing sleeves, bishop sleeves, kimono sleeves, etc.

[SLO:DM-11-B-06]:

Cut and stitch a basic trouser block on fabric.

[SLO:DM-11-B-07]:

Learn different trouser block variations and their technical aspects.

[SLO:DM-11-B-08]:

Put into practice trouser variations such as boot cut, flared palazzo, sailor pants and jeans.

Domain C: Textiles

Standard: Students will be able to identify and explore different techniques of fabric construction and surface creation by using various qualities of fabric.

Grade 9		Grade 10	Grade 11	Grade 12
Benchmark I:		Benchmark I:		
By the end of grade 10, the students will be able to design textile prints in basic repeats and create samples of them in hand embroidery and hand embellishments.		By the end of grade 12, the students will be able to differentiate between fabric qualities, draft basic weave designs and create fabric samples in printing and dying techniques.		
Student Learning Outcomes				

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Students will be able to

[SLO:DM-09-C-01]:

Asses the scope of textile design field and the areas covered in textile design

[SLO:DM-09-C-02]:

Compile research on a board

[SLO:DM-09-C-03]:

Designing mood board, theme board, inspiration board, color board and concept board.

[SLO:DM-09-C-04]:

Develop a motif and set it in different repeats i.e. full drop repeat, half drop repeat, mirror repeat and clockwise repeat

[SLO:DM-09-C-04]:

Differentiate between Natural and Man-

Students will be able to:

[SLO:DM-10-C-01]:

Create a motif in hand embroidery stitches i.e. Running/skip stitch

.Chain stitch

.Shadow work

.Cross stitch

.Filling stitch

Lazy dazy stitch

I.French Knots
I.Long and short stitch

[SLO:DM-10-C-02]:

Create samples in different stitches of tarkashi.

[SLO:DM-10-C-03]:

Create samples of crochet embroidery.

[SLO:DM-10-C-04]:

Create samples in hand embellishment techniques i.e.

Students will be able to:

[SLO:DM-11-C-01]:

Create a sample book with screen printing including pigment printing, paste printing, emboss printing and foil printing.

[SLO:DM-11-C-02]:

Create a sample book with other printing techniques including block printing and stencil printing.

[SLO:DM-11-C-03]:

Design fabric samples with hand painting e.g. silk paints etc.

[SLO:DM-11-C-04]:

Create samples with different types of dyes i.e. direct, reactive and pigment etc.

[SLO:DM-11-C-05]:

Create a sample book with different types of tying and dying techniques including:

Students will be able to:

[SLO:DM-12-C-01]:

Analyze Fibers, its types and properties.

[SLO:DM-12-C-02]:

Compile swatch boards of seasonal fabrics

[SLO:DM-12-C-03]:

Differentiate between natural and synthetic fibers.

[SLO:DM-12-C-04]:

Create a swatch board of different fabrics according to seasons.

[SLO:DM-12-C-05]:

Develop different types of weave drafts on a graph paper including plain weave, twill weave, satin weave and sateen weave

[SLO:DM-12-C-06]:

Practice and create a sample with off loom weave technique

made/synthetic materials	Tilla work, Mirror work, Gota	I.Batik	
creating textures.	work, Sequence work, (Sitara, cut dana, etc.)	II.Folding technique	
[SLO:DM-09-C-05]:		III.Knotting technique	
Create a textile texture		IV.Knotting	
using natural material		V.Twisting	
(Vegetables, Leaves and flowers, Tree bark, Fruits,		VI.Snap fasteners	
etc.) and manmade			
material appropriate			
mediums (carpet, foam,			
tissue, toothbrush, thread,			
etc.) on paper			

