

National Curriculum of Pakistan
2022-23

TECHNICAL EDUCATION

FASHION DESIGNING & DRESS MAKING

Dress Making
Grades 9-12



NATIONAL CURRICULUM COUNCIL SECRETARIAT
MINISTRY OF FEDERAL EDUCATION AND
PROFESSIONAL TRAINING, ISLAMABAD
GOVERNMENT OF PAKISTAN

بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِیْمِ

National Curriculum of Pakistan
2022-23

TECHNICAL EDUCATION
**FASHION DESIGNING &
DRESS MAKING**

DRESS MAKING

Grades 9-12



NATIONAL CURRICULUM COUNCIL SECRETARIAT
MINISTRY OF FEDERAL EDUCATION AND
PROFESSIONAL TRAINING, ISLAMABAD
GOVERNMENT OF PAKISTAN



It is with great pride that we, at the National Curriculum Council Secretariat, present the first core curriculum in Pakistan's 75-year history. Consistent with the right to education guaranteed by Article 25-A of our Constitution, the National Curriculum of Pakistan (2022-23) aspires to equip every child with the necessary tools required to thrive in and adapt to an ever-evolving globalized world.

The National Curriculum is in line with international benchmarks, yet sensitive to the economic, religious, and social needs of young scholars across Pakistan. As such, the National Curriculum aims to shift classroom instruction from rote learning to concept-based learning.

Concept-based learning permeates all aspects of the National Curriculum, aligning textbooks, teaching, classroom practice, and assessments to ensure compliance with contemplated student learning outcomes. Drawing on a rich tapestry of critical thinking exercises, students will acquire the confidence to embark on a journey of lifelong learning. They will further be able to acknowledge their weaknesses and develop an eagerness to build upon their strengths.

The National Curriculum was developed through a nationwide consultative process involving a wide range of stakeholders, including curriculum experts from the public, private, and non-governmental sectors. Representatives from provincial education departments, textbook boards, assessment departments, teacher training departments, *deeni madaris*, public and private publishers, private schools, and private school associations all contributed their expertise to ensure that the National Curriculum could meet the needs of all Pakistani students.

The experiences and collective wisdom of these diverse stakeholders enrich the National Curriculum, fostering the core, nation-building values of inclusion, harmony, and peace, making the National Curriculum truly representative of our nation's educational aspirations and diversity.

I take this opportunity to thank all stakeholders, including students, teachers, and parents who contributed to developing the National Curriculum of Pakistan (2022-23)

Dr. Mariam Chughtai

Director

National Curriculum Council Secretariat

Ministry of Federal Education and Professional Training

Fashion Design and Dress Making

Grades 9-12

Progression Grid

Domain A: Pattern Making

Standard: Students will be able to accurately and consistently construct basic blocks for various garments. The garments created based on the patterns should meet or exceed quality standards, with proper fit, finish, and attention to detail.

Grade 9	Grade 10	Grade 11	Grade 12
Benchmark: Students will be able to cut basic pattern blocks on cardboard sheets with precision.		Benchmark: Students will be able to execute pattern-making skills for different garment designs using their knowledge of fabric properties and garment construction.	
Student Learning Outcomes			

<p>Students will be able to</p> <p>[SLO:DM-09-A-01]:</p> <p>List and explain the principles of anthropometry and its relevance in garment construction.</p> <p>[SLO:DM-09-A-02]:</p> <p>Apply measurement charts to accurately create pattern blocks for different types of collars, sleeves, and skirts.</p> <p>[SLO:DM-09-A-03]:</p> <p>Take and apply full body measurements for garment construction.</p> <p>[SLO:DM-09-A-04]:</p> <p>Construct and label basic sleeve and skirt blocks with precision.</p>	<p>Students will be able to</p>	<p>Students will be able to</p> <p>[SLO:DM-11-A-01]:</p> <p>Apply the concept Anthropometry.</p> <p>[SLO:DM-11-A-02]:</p> <p>Describe Human Anatomy. Analyze Sizing Systems, Measurement Charts, and Garment Components.</p> <p>[SLO:DM-11-A-03]:</p> <p>Measure the upper torso on a mannequin and apply measurements to a chart.</p> <p>[SLO:DM-11-A-04]:</p> <p>To give the seam allowances and ease.</p> <p>[SLO:DM-11-A-05]:</p> <p>Mark notches on pattern.</p> <p>[SLO:DM-11-A-06]:</p>	<p>Students will be able to</p> <p>[SLO:DM-12-A-01]:</p> <p>Construct men's Basic Blocks: Bodice Block and Trouser Block.</p> <p>[SLO:DM-12-A-02]:</p> <p>Analyze technical sketches in Men's Basic Blocks.</p> <p>[SLO:DM-12-A-03]:</p> <p>Label the Basic Blocks.</p> <p>[SLO:DM-12-A-04]:</p> <p>Create the Pattern Information chart.</p> <p>[SLO:DM-12-A-05]:</p> <p>Construct Men's Basic Bodice block.</p> <p>[SLO:DM-12-A-06]:</p> <p>Construct Men's Basic Trouser Block.</p> <p>[SLO:DM-12-A-07]:</p>
---	---------------------------------	--	---

<p>[SLO:DM-10-A-01]: Draft women's Basic Bodice Block accurately based on measurements.</p> <p>[SLO:DM-10-A-02]: Label all essential information on the bodice block pattern.</p> <p>[SLO:DM-10-A-03]: Draft the basic bodice block on a cardboard sheet with precision.</p> <p>[SLO:DM-10-A-04]: Draft a Basic Trouser Block accurately based on measurements.</p> <p>[SLO:DM-10-A-05]: Label all essential information on the trouser block pattern and cut the block on the cardboard sheet with precision.</p>	<p>Analyze technical sketches for Pattern Drafting and Making.</p> <p>[SLO:DM-11-A-07]: Develop standard size charts and size set charts for S, M, L in inches and centimeters.</p> <p>[SLO:DM-11-A-08]: Create a size chart by measuring a mannequin.</p> <p>[SLO:DM-11-A-09]: Take measurements of a given garment and create a measurement chart.</p> <p>[SLO:DM-11-A-10]: To mark different notches: Rectangular, Triangular and Trapezoidal.</p> <p>[SLO:DM-11-A-11]: Have knowledge of primary garment components and significance of bodice block.</p>	<p>Draft and Label Men's Basic Bodice block on a pattern sheet.</p> <p>[SLO:DM-12-A-08]: Cut the Basic Bodice block on cardboard.</p> <p>[SLO:DM-12-A-09]: Draft and Label Men's Basic Trousers Block on a pattern sheet.</p> <p>[SLO:DM-12-A-10]: Cut Basic Trousers block on cardboard.</p> <p>[SLO:DM-12-A-11]: Identify variations of men's garments.</p> <p>[SLO:DM-12-A-12]: Draft blocks of Men's garment variations.</p> <p>[SLO:DM-12-A-13]:</p>	
--	---	---	--

		<p>[SLO:DM-11-A-12]:</p> <p>Label and construct the Bodice Block and its variations and execute shirt draft.</p> <p>[SLO:DM-11-A-13]:</p> <p>Draft the Skirt Block on a pattern sheet following international size charts.</p> <p>[SLO:DM-11-A-14]:</p> <p>Make skirt variations (Wrap Skirt, U-Shaped, Box Pleat, and Circular).</p> <p>[SLO:DM-11-A-15]:</p> <p>Draft the Sleeve Block following international size charts.</p> <p>[SLO:DM-11-A-16]:</p> <p>Make sleeve variations (Puff, Blousing, Bishop, Raglan and Kimono).</p> <p>[SLO:DM-11-A-17]:</p>	<p>Construct men's garment variations using the Basic Block.</p> <p>[SLO:DM-12-A-14]:</p> <p>Draft and label variations of men's garments on a pattern sheet.</p> <p>[SLO:DM-12-A-15]:</p> <p>Cut the constructed pattern and give seam allowances.</p>
--	--	--	---

		<p>Draft Basic Trouser Block and its significance.</p> <p>[SLO:DM-11-A-18]:</p> <p>Draft trousers variations using the Basic Trousers Block (Boot Cut, Flared Palazzo, and Sailor Pant).</p>	
--	--	--	--

Domain: Sewing

Standard: Students will be able to identify and explore the fundamental stitches, garment construction techniques and pattern interpretation.

<p>Benchmark: Students will be able to apply threading, maintenance and basic stitching practices on both paper and fabric.</p>	<p>Benchmark: Students will be able to cut and stitch gents' garment variations, including shirts, trousers, kameez, shalwar, etc., following established patterns.</p>
--	--

Student Learning Outcomes			
Grade 9	Grade 10	Grade 11	Grade 12
<p>Students will be able to</p> <p>[SLO:DM-09-B-01]:</p> <p>Accurately label and identify various components of a sewing machine.</p> <p>[SLO:DM-09-B-02]:</p> <p>Execute checks on speed control, lubrication, threading, and thread tension adjustment.</p> <p>[SLO:DM-09-B-03]:</p> <p>Explain the importance of practice on paper without and with thread, as well as on fabric with thread.</p> <p>[SLO:DM-09-B-04]:</p> <p>Apply basic stitches on paper and fabric, including straight lines, curves, circles, squares, and zigzags.</p> <p>[SLO:DM-09-B-05]:</p>	<p>Students will be able to</p> <p>[SLO:DM-10-B-01]:</p> <p>Identify and describe basic types of seams.</p> <p>[SLO:DM-10-B-02]:</p> <p>Different seam types line diagrams</p> <p>[SLO:DM-10-B-03]:</p> <p>Draw accurate line diagrams of various seam types.</p> <p>[SLO:DM-10-B-04]:</p> <p>Articulate the step-by-step procedure for sewing various seam types.</p> <p>[SLO:DM-10-B-05]:</p>	<p>Students will be able to</p> <p>[SLO:DM-11-B-01]:</p> <p>Sew for various bodice variations on fabric.</p> <p>[SLO:DM-11-B-02]:</p> <p>Cut and stitch bodices with single dart and double dart variations, including suspended panel shirt, A-line shirt, princess panel bodice, and straight yoke bodice.</p> <p>[SLO:DM-11-B-03]:</p> <p>Cut and stitch a skirt block on fabric.</p> <p>[SLO:DM-11-B-04]:</p> <p>Cut and stitch a sleeve block on fabric.</p> <p>[SLO:DM-11-B-05]:</p> <p>Implement the steps of stitching basic sleeve to</p>	<p>Students will be able to</p> <p>[SLO:DM-12-B-01]:</p> <p>Create garments using drafted patterns, specifically for a gent's basic trousers block and bodice block.</p> <p>[SLO:DM-12-B-02]:</p> <p>Sew gent's variations, such as shirts, trousers, shalwar, kameez, etc.</p> <p>[SLO:DM-12-B-03]:</p> <p>Stitch gents garment variations, including shirts, trousers, kameez, shalwar, etc., following established patterns.</p>

Showcase proficiency in threading, maintenance, and basic stitching practices on both paper and fabric by displaying various stitches like running stitch, backstitch and whipstitch on piece of fabric.

display well executed seams, hems and decorative stitches on fabric according to the significance of edge finishing

[SLO:DM-10-B-06]:

Identify different closure types (buttons, zippers, etc.).

[SLO:DM-10-B-07]:

Apply edge finishing and closure attachment.

[SLO:DM-10-B-08]:

Make samples of Necklines, plackets, cuff and fly.

stitch sleeve variations like puff sleeves, blousing sleeves, bishop sleeves, kimono sleeves, etc.

[SLO:DM-11-B-06]:

Cut and stitch a basic trouser block on fabric.

[SLO:DM-11-B-07]:

Learn different trouser block variations and their technical aspects.

[SLO:DM-11-B-08]:

Put into practice trouser variations such as boot cut, flared palazzo, sailor pants and jeans.

Domain C: Textiles

Standard: Students will be able to identify and explore different techniques of fabric construction and surface creation by using various qualities of fabric.

Grade 9	Grade 10	Grade 11	Grade 12
<p>Benchmark I:</p> <p>By the end of grade 10, the students will be able to design textile prints in basic repeats and create samples of them in hand embroidery and hand embellishments.</p>		<p>Benchmark I:</p> <p>By the end of grade 12, the students will be able to differentiate between fabric qualities, draft basic weave designs and create fabric samples in printing and dying techniques.</p>	
<p>Student Learning Outcomes</p>			

<p>Students will be able to</p> <p>[SLO:DM-09-C-01]:</p> <p>Asses the scope of textile design field and the areas covered in textile design</p> <p>[SLO:DM-09-C-02]:</p> <p>Compile research on a board</p> <p>[SLO:DM-09-C-03]:</p> <p>Designing mood board, theme board, inspiration board, color board and concept board.</p> <p>[SLO:DM-09-C-04]:</p> <p>Develop a motif and set it in different repeats i.e. full drop repeat, half drop repeat, mirror repeat and clockwise repeat</p> <p>[SLO:DM-09-C-04]:</p> <p>Differentiate between Natural and Man-</p>	<p>Students will be able to:</p> <p>[SLO:DM-10-C-01]:</p> <p>Create a motif in hand embroidery stitches i.e.</p> <p>Running/skip stitch</p> <p>1.Chain stitch</p> <p>1.Back stitch</p> <p>1.Shadow work</p> <p>7.Cross stitch</p> <p>7.Filling stitch</p> <p>1.Lazy dazy stitch</p> <p>1.French Knots</p> <p>1.Long and short stitch</p> <p>[SLO:DM-10-C-02]:</p> <p>Create samples in different stitches of tarkashi.</p> <p>[SLO:DM-10-C-03]:</p> <p>Create samples of crochet embroidery.</p> <p>[SLO:DM-10-C-04]:</p> <p>Create samples in hand embellishment techniques i.e.</p>	<p>Students will be able to:</p> <p>[SLO:DM-11-C-01]:</p> <p>Create a sample book with screen printing including pigment printing, paste printing, emboss printing and foil printing.</p> <p>[SLO:DM-11-C-02]:</p> <p>Create a sample book with other printing techniques including block printing and stencil printing.</p> <p>[SLO:DM-11-C-03]:</p> <p>Design fabric samples with hand painting e.g. silk paints etc.</p> <p>[SLO:DM-11-C-04]:</p> <p>Create samples with different types of dyes i.e. direct, reactive and pigment etc.</p> <p>[SLO:DM-11-C-05]:</p> <p>Create a sample book with different types of tying and dyeing techniques including:</p>	<p>Students will be able to:</p> <p>[SLO:DM-12-C-01]:</p> <p>Analyze Fibers, its types and properties.</p> <p>[SLO:DM-12-C-02]:</p> <p>Compile swatch boards of seasonal fabrics</p> <p>[SLO:DM-12-C-03]:</p> <p>Differentiate between natural and synthetic fibers.</p> <p>[SLO:DM-12-C-04]:</p> <p>Create a swatch board of different fabrics according to seasons.</p> <p>[SLO:DM-12-C-05]:</p> <p>Develop different types of weave drafts on a graph paper including plain weave, twill weave, satin weave and sateen weave</p> <p>[SLO:DM-12-C-06]:</p> <p>Practice and create a sample with off loom weave technique</p>
--	--	---	---

<p>made/synthetic materials creating textures.</p> <p>[SLO:DM-09-C-05]:</p> <p>Create a textile texture using natural material (Vegetables, Leaves and flowers, Tree bark, Fruits, etc.) and manmade material appropriate mediums (carpet, foam, tissue, toothbrush, thread, etc.) on paper</p>	<p>Tilla work, Mirror work, Gota work, Sequence work, (Sitara, cut dana, etc.)</p>	<p>I.Batik</p> <p>II.Folding technique</p> <p>III.Knotting technique</p> <p>IV.Knotting</p> <p>V.Twisting</p> <p>VI.Snap fasteners</p>	
---	--	--	--



NATIONAL CURRICULUM COUNCIL SECRETARIAT
MINISTRY OF FEDERAL EDUCATION AND
PROFESSIONAL TRAINING, ISLAMABAD
GOVERNMENT OF PAKISTAN