

National Curriculum of Pakistan
2022-23

HOME ECONOMICS

For Grade 11



NATIONAL CURRICULUM COUNCIL SECRETARIAT
MINISTRY OF FEDERAL EDUCATION AND
PROFESSIONAL TRAINING, ISLAMABAD
GOVERNMENT OF PAKISTAN

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It is with great pride that we, at the National Curriculum Council Secretariat, present the first core curriculum in Pakistan's 75-year history. Consistent with the right to education guaranteed by Article 25-A of our Constitution, the National Curriculum of Pakistan (2022-23) aspires to equip every child with the necessary tools required to thrive in and adapt to an ever-evolving globalized world.

The National Curriculum is in line with international benchmarks, yet sensitive to the economic, religious, and social needs of young scholars across Pakistan. As such, the National Curriculum aims to shift classroom instruction from rote learning to concept-based learning.

Concept-based learning permeates all aspects of the National Curriculum, aligning textbooks, teaching, classroom practice, and assessments to ensure compliance with contemplated student learning outcomes. Drawing on a rich tapestry of critical thinking exercises, students will acquire the confidence to embark on a journey of lifelong learning. They will further be able to acknowledge their weaknesses and develop an eagerness to build upon their strengths.

The National Curriculum was developed through a nationwide consultative process involving a wide range of stakeholders, including curriculum experts from the public, private, and non-governmental sectors. Representatives from provincial education departments, textbook boards, assessment departments, teacher training departments, *deeni madaris*, public and private publishers, private schools, and private school associations all contributed their expertise to ensure that the National Curriculum could meet the needs of all Pakistani students.

The experiences and collective wisdom of these diverse stakeholders enrich the National Curriculum, fostering the core, nation-building values of inclusion, harmony, and peace, making the National Curriculum truly representative of our nation's educational aspirations and diversity.

I take this opportunity to thank all stakeholders, including students, teachers, and parents who contributed to developing the National Curriculum of Pakistan (2022-23)

Dr. Mariam Chughtai

Director

National Curriculum Council Secretariat

Ministry of Federal Education and Professional Training

Note for Reader: *Home Economics for Grade 11 is offered to Pre-Home Economics only.*

Home Economics Grade 11
For Pre-Home Economics Group

Domain A: Home Management

Standard: Recognize the importance of developing goals as a means of realizing values.

Grade 11
Benchmark I: Examine the importance of establishing goals and values for better home management
Student Learning Outcomes
Students will be able to: [SLO:HE-11-A-01]: Describe the importance of defining values and goals related to management in the home [SLO:HE-11-A-02]: Interpret some values and goal as observed by Pakistani families for home management [SLO:HE-11-A-03]: Formulate importance of developing goals as a means of realizing values

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Domain B: Resources: human and materials

Standard: Apply rules of energy conservation through work simplification.

Grade 11

Benchmark I: Analyze human and material resources and their wise utilization for managing energy and simplification

Student Learning Outcomes

Students will be able to:

[SLO:HE-11-B-01]:

Define types of resources particularly human and material

[SLO:HE-11-B-02]:

Describe time planning and its advantages

[SLO:HE-11-B-03]:

Interpret the effectiveness of wise and economical use of time in house-hold activities

[SLO:HE-11-B-04]:

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Examine energy management-ways of avoiding fatigue

[SLO:HE-11-B-05]:

Identify work simplification to save time and energy

[SLO:HE-11-B-06]:

Analyze principles of work simplification

Domain C: Income and Budgeting

Standard: Examine account keeping for better planning of current and future expenditures

Grade 11

Benchmark I: Examine the various sources of income and its maximum utilization through budgeting and account keeping

Student Learning Outcomes

Students will be able to:

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[SLO:HE-11-C-01]:

Describe types and sources of income

[SLO:HE-11-C-02]:

Identify the nature of income and expenses

[SLO:HE-11-C-03]:

Define budgeting and its advantages

[SLO:HE-11-C-04]:

Interpret the importance of family budget

[SLO:HE-11-C-05]:

Examine account keeping for a better planning of current and future expenditures



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